

Providing individuals with social interaction and discussion

- Social interaction and discussion lead solely by group members
- Topics discussed are chosen by members of the group
- Facilitated by Georgian College social service work students
- In partnership with Nexim Healthcare Consultants

Community Wholeness Centre

59 Maple Ave, Barrie, ON, L4N 1R9

Peer to Peer Support Group

A group for individuals with any disability, dealing with daily life circumstances to openly discuss ideas and concerns





ANY Disability

Any disability, for us, refers to any physical, emotional, mental, voluntary, involuntary state that impedes the quality of daily life.

We are firm believers that not every disability is visible, and support and understanding among peers is essential.



Our Goal

As an organization, providing a safe space in which individuals may gather to fulfil social interaction and self-exploration is fundamental.

With the facilitation of trained individuals, and the ideas for the program coming from the group members, we are certain this group will be a positive experience for all involved.

This group discussion is meant to be therapeutic in nature, but it is not therapy. We have identified a demand for a safe space for individuals to discuss problems and struggles, and triumphs, and this is the sole purpose of the group.

This group is designed to be exactly what group members would want and need.

Expectations

Being a helping organization that is run by individuals with a disability, we appreciate that helpful and productive discussion is not always easy to find.

We expect that each member of group discussion will feel supported, respected, and heard.

External Resources:

Georgian College Accessibility Centre –
Barrie Campus: 1 Georgian Drive,
Barrie, ON L4M3X9

Georgian Employment Centre – Barrie:
48 Collier Street, Barrie, ON L4M1G8

Contact Us

Community Wholeness Centre
59 Maple Avenue
Barrie, ON, L4N 1R9

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Visit us on the Web:
www.cwcbbarrie.com